

# Activity Timetable - from 8th January 2018

(\*\*starts later in the month)

**Mondays:** Nursery 9am -12pm; 1pm - 4pm; Benefits Advisor 10am -12pm;  
Job Club 9.30am – 10.30am drop-in; Older People's Day Centre 10am-3pm;  
Basic Skills 9am -12pm; ESOL 9.30am -11.30am;  
ESOL Reading & Writing 1pm -2.30pm; **Breastfeeding/Weaning Support Group 1 - 3pm**  
**Under 2's Stay & Play - Ladybird Group 1pm - 2.45pm; Baby Massage 1-2.30pm\***

After school Clubs: 3.30 - 5.30 Cooking Club (5-13 years) includes tea at 5pm  
6pm - 8pm Extreme Club (8-13 years)

**Tuesdays:** Nursery 9am -12pm; 1pm - 4pm; Basic Skills 9am -12pm;  
Walking Group 10 -11am; ESOL 10am -12pm;  
**Let's Play 10.30am - 12pm for parents and under 5's; HENRY 12.30 - 2.30pm\***  
Community Food Market 11.30am - 12.30pm; Driving Theory 1pm - 2.30pm;  
EE Drop in 1pm - 3pm;

After School Clubs: 3.30pm - 5pm IT/Homework Club (5-13 years)  
5.30pm - 7pm Health/Fitness Club (8-13 years)

**Wednesdays:** Nursery 9am -12pm; 1pm - 4pm; Nursery parents drop-in 9.15am  
Aerobics Class 9.15 - 10.15am; Advanced ESOL 9.30 - 11.30am,  
New Start Group 10.30am –12pm; Make-up Techniques 9.30 – 11.30am\*  
Maths 12.30 - 3pm; Women's Group 1 - 2.30pm; **Nursery parents drop-in 1.15pm**  
Hairstyling 12.45 - 2.45pm\*; **Welcome to the World 12.45 - 2.45pm\***  
**Messy Play (Parents and under 5's) 1 - 3pm**

After School Club: 3.30 - 5.30 Team games/sports (5 -13 years) Includes tea at 5pm  
6 - 8pm Boys club (5 - 13 years)

**Thursdays:** Nursery 9am -12pm; 1pm - 4pm; Driving Theory 9.30 - 11am  
IT Class for Job Club 9.30 -11am;  
**Development Movement and Play (2nd week of the month only) 10 -12pm;**  
Lunch Club 12 noon; ESOL for Work 1 - 2.30pm; A Place of Welcome 1 - 3pm;  
English IT Course 1pm - 2.30pm; **Mini Music Makers 1 - 2pm;**

After School Club: 3.30pm - 5.30pm Fab Club (5 - 7 years) Family Tea at 5pm  
5.45pm - 7.45pm Movie Night (5 - 13 years)

**Fridays:** Nursery 9am -12pm; 1pm - 4pm; Benefits Advisor 10am - 12pm,  
**Parent & Toddler Session at the Cathedral Parish Room 9.30 - 11am;**  
Zumba 9.15am -10.15am; Job Club Drop-in 9.30 - 10.30am;  
UK Life 9.30 - 11.30am, **Art Club (5-13 years) 1pm - 2.30pm**

After School Clubs: 3pm-5pm Little Gem's Girls Club (5 -13 years)

**Internet Café open 9 - 4pm everyday (except 12-1pm Mondays & Thursdays) book out a lap top at reception.**

**AFC activities are in brown**

**BSB activities are in red**



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