

Activity Timetable - from 24th April 2017

- Mondays:** Nursery 9am -12pm 1- 4pm; Benefits Advisor 10 -12pm
Job Club 9.30 – 10.30 drop-in; Older People's Day Centre 10am-3pm
Basic Skills 9 -12pm; ESOL 9.30—11.30; **10.30 Active Mums (BSB)**
Ladybird Group Stay & Play 1 - 2.45pm; IT class for Job Club 1-2.30pm;

After school Clubs: 3.30 - 5.30 Cooking Club (5-13 years) includes tea at 5pm
6pm - 8pm Extreme Club (8-13 years)
- Tuesdays:** Nursery 9am -12pm 1- 4pm; Basic Skills 9 -12pm; ESOL 10 -12pm;
Walking Group 10 -11pm; Community Food Market 11.45am;
Let's Play 10.30 - 12pm for parents and under 5's;
Cook and Eat 1 - 2.30pm; EE Drop in 1 - 3pm; **HENRY 12.45 - 2.45pm**

After School Clubs: 3.30 - 5pm IT/Homework Club (5-13 years)
3.30 - 5pm Children's Cook & Eat (pre-booked)
5.30 - 7pm Health/Fitness Club (8-13 years)
- Wednesdays:** Nursery 9am -12pm 1- 4pm; Nursery parents drop-in 9.15am
Aerobics Class 9.15 - 10.15am; Advanced ESOL 9.30 - 11.30
Arabic Group 10.30 –12pm;
Maths 12.30 - 3pm; Women's Group 1-2.30pm; **Nursery parents drop-in 1.15pm**
Messy Play (Parents and under 5's)1- 3pm; 2 year olds clinic 1pm - 3pm

After School Club: 3.30-5.30 Team games/sports (5-13 years) Includes tea at 5pm
6-8pm Boys club (5-13 years)
- Thursdays:** Nursery 9am -12pm 1- 4pm; Older People's Day Centre 10am - 3pm
IT Class for Job Club 9.30-11am; Make-Up Techniques 9.30 – 11.30;
ESOL for Work 1-2.30pm; English IT Course 1-2.30pm;
2 year olds clinic 1pm - 3pm; Mini Music Makers 1pm - 2.30pm

After School Club: 3.30-5.30pm Fab Club (5-7 years) Family Tea at 5pm
5.45-7.45 Movie Night (5-13 years)
- Fridays:** Nursery 9am -12pm 1- 4pm; Benefits Advisor 10.00am - 12 noon
Parent & Toddler Session at the Cathedral Parish Room 9.30 - 11am;
Zumba 9.15-10.15; Job Club Drop In 9.30 - 10.30; ESOL Refresher Class 10 - 12pm
Midwife Clinic 1 - 5pm (appointment only)

Little Stars for children new to the UK (5-13 years) 1- 2.30pm
After School Clubs: 3-5pm Little Gem's Girls Club (5-13 years)

Internet Café open 9am - 4pm everyday (except 12-1pm Mondays & Thursdays)

AFC activities are in brown

BSB activities are in red

The logo for Communityworks features the word "Communityworks" in a black, rounded, sans-serif font. The letter "C" is significantly larger and colored red, with a white outline, and partially overlaps the "o" in "Community".

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