

# Activity Timetable - from 11th September 2017

- Mondays:** Nursery 9am -12pm 1pm- 4pm; Benefits Advisor 10am -12pm;  
Job Club 9.30am – 10.30am drop-in; Older People’s Day Centre 10am-3pm;  
Basic Skills 9am -12pm; ESOL 9.30am -11.30am;  
IT class for Job Club 1pm -2.30pm; ESOL Reading & Writing 1pm -2.30pm;  
**Under 2’s Stay & Play - Ladybird Group 1pm - 2.45pm;**
- After school Clubs: 3.30 - 5.30 Cooking Club (5-13 years) includes tea at 5pm  
6pm - 8pm Extreme Club (8-13 years)
- Tuesdays:** Nursery 9am -12pm 1pm- 4pm; Basic Skills 9am -12pm; ESOL 10am -12pm;  
Walking Group 10am -11am; Caring for Children Level 1 9.30am -11.30am;  
**Let’s Play 10.30am - 12pm for parents and under 5’s;**  
Community Food Market 11.30am - 12.30pm  
EE Drop in 1pm- 3pm; Building Confidence in Speaking English 1pm- 3pm
- After School Clubs: 3.30pm - 5pm IT/Homework Club (5-13 years)  
5.30pm - 7pm Health/Fitness Club (8-13 years)
- Wednesdays:** Nursery 9am -12pm 1pm- 4pm; Nursery parents drop-in 9.15am  
Aerobics Class 9.15am - 10.15am; Advanced ESOL 9.30 am- 11.30am  
Arabic Group 10.30am –12pm;  
Maths 12.30pm-3pm; Women’s Group 1pm-2.30pm; **Nursery parents drop-in 1.15pm**
- Messy Play (Parents and under 5’s)1pm- 3pm;** Hairstyling 12.45pm - 2.45pm  
**Welcome to the World 12.45pm - 2.45pm**
- After School Club: 3.30-5.30 Team games/sports (5-13 years) Includes tea at 5pm  
6pm-8pm Boys club (5-13 years)
- Thursdays:** Nursery 9am -12pm 1pm- 4pm; Carer’s Group 10am - 12pm  
IT Class for Job Club 9.30am-11am; Beauty Therapy 9.30am – 11.30am  
**Development Movement and Play (2nd week of the month only) 10am -12pm;**  
Lunch Club 12 noon; ESOL for Work 1pm-2.30pm; A Place of Welcome 1pm-3pm;  
English IT Course 1pm-2.30pm; **Mini Music Makers 1pm-2pm;**
- After School Club: 3.30pm-5.30pm Fab Club (5-7 years) Family Tea at 5pm  
5.45pm-7.45pm Movie Night (5-13 years)
- Fridays:** Nursery 9am -12pm 1pm- 4pm; Benefits Advisor 10am - 12pm  
**Parent & Toddler Session at the Cathedral Parish Room 9.30am - 11am;**  
Zumba 9.15am-10.15am; Job Club Drop In 9.30am - 10.30am;  
ESOL Refresher Class 10am - 12pm
- Little Stars for children new to the UK (5-13 years) 1pm- 2.30pm  
After School Clubs: 3pm-5pm Little Gem’s Girls Club (5-13 years)

**Internet Café open 9am - 4pm everyday (except 12-1pm Mondays & Thursdays)**

**AFC activities are in brown**

**BSB activities are in red**



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